

# The Influence of Testosterone

## Eye Health

Meibomian gland function and lubrication

## Cardiovascular Health

Lowers triglyceride and cholesterol  
Improves cardiac capacity and output  
Improved endothelial function

## Circulation

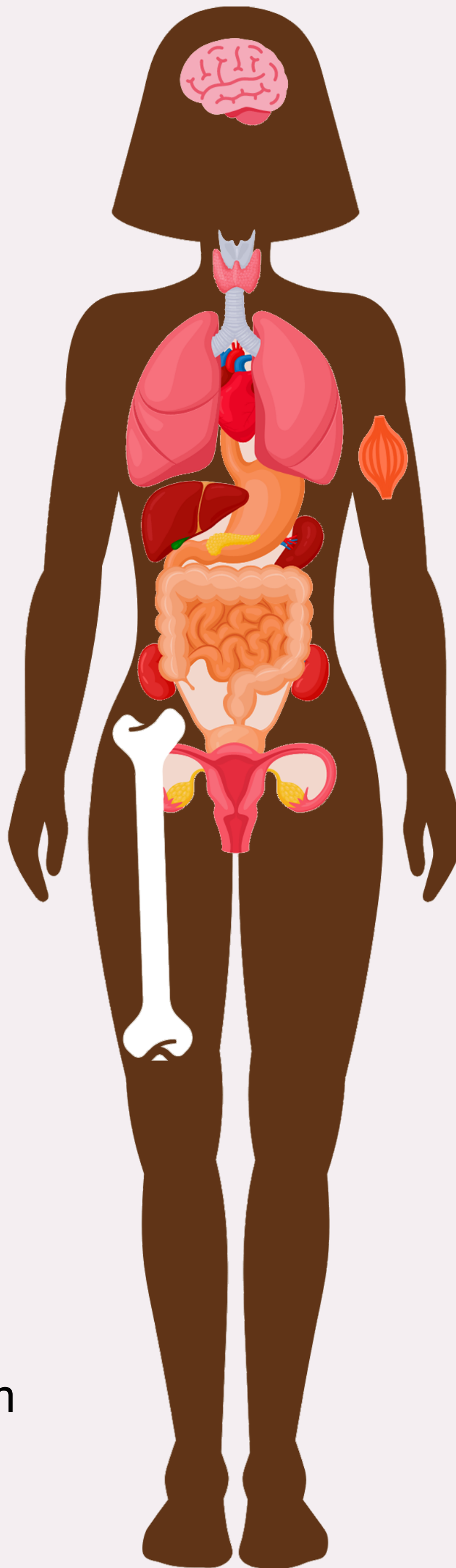
Production of RBCs

## Bone Health

Production of bone  
Increased bone mineral density

## Reproductive and Sexual Function

Libido, arousal and orgasm  
Urogenital health



## Cognitive Function

Influence on concentration, memory, verbal learning and spatial abilities

## Mood

Beneficial impact on psychological wellbeing and energy

## Muscle

Restores muscle mass and strength  
Makes exercise more efficient

## Metabolism

Maintains normal metabolic function (BP, lipids, glucose metabolism)